

COVID-19 Sick Guidelines for Staff and Students

WHEN TO QUARANTINE		
<u>Quarantine</u> and stay away from others when you have been in <u>close contact</u> with someone who has COVID-19.		
<p>If you were exposed to COVID-19 and are NOT up to date on COVID-19 vaccinations</p>	<p>Stay home</p> <ul style="list-style-type: none"> Stay home and quarantine for at least 5 full days <p>Get tested</p> <ul style="list-style-type: none"> Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19. 	<p>After quarantine</p> <ul style="list-style-type: none"> Watch for symptoms until 10 days after you last had close contact with someone with COVID-19. <p>If you develop symptoms</p> <ul style="list-style-type: none"> Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitting mask around others.
<p>If you were exposed to COVID-19 and are up to date on COVID-19 vaccinations</p>	<p>No quarantine</p> <ul style="list-style-type: none"> You do not need to stay home unless you develop symptoms. <p>Get tested</p> <ul style="list-style-type: none"> Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19. 	<p>Watch for symptoms</p> <ul style="list-style-type: none"> Watch for symptoms until 10 days after you last had close contact with someone with COVID-19. <p>If you develop symptoms.</p> <ul style="list-style-type: none"> Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitting mask around others.
<p>If you were exposed to COVID-19 and had confirmed COVID-19 within the past 90 days (you tested positive using a viral test)</p>	<p>No quarantine</p> <ul style="list-style-type: none"> You do not need to stay home unless you develop symptoms. 	<p>Watch for symptoms</p> <ul style="list-style-type: none"> Watch for symptoms until 10 days after you last had close contact with someone with COVID-19. <p>If you develop symptoms</p> <ul style="list-style-type: none"> Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitting mask around others.

Take precautions until day 10 in all of these cases

- Wear a well-fitting mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a well-fitting mask.

All information is from the Centers for Disease Control and Prevention (CDC). <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>
 Accessed 08/04/2022.

COVID-19 Sick Guidelines for Staff and Students

WHEN TO QUARANTINE CONTINUED			
<p>If you were exposed to COVID-19 through a household contact and are NOT up to date on COVID-19 vaccinations</p>	<p>Quarantine begins after the positive case isolation period ends (typically day 6)</p> <p>Stay home</p> <ul style="list-style-type: none"> Stay home and quarantine for at least 5 full days <p>Get tested</p> <ul style="list-style-type: none"> Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19. 	<p>Watch for symptoms</p> <ul style="list-style-type: none"> Watch for symptoms until 10 days after you last had close contact with someone with COVID-19. 	<p>Take precautions until day 10 in all of these cases</p> <ul style="list-style-type: none"> Wear a well-fitting mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a well-fitting mask.
WHEN TO ISOLATE			
<p><u>Isolate</u> when you are sick or when you have COVID-19, even if you don't have symptoms.</p>			
<p>If you tested positive for COVID-19 regardless of vaccination status</p>	<p>Stay home</p> <ul style="list-style-type: none"> Stay home for 5 days and isolate from others in your home. End isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving. 	<p>Ending isolation if you did NOT have symptoms</p> <ul style="list-style-type: none"> End isolation after at least 5 full days after your positive test. 	

All information is from the Centers for Disease Control and Prevention (CDC). <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>
 Accessed 08/04/2022.

COVID-19 Sick Guidelines for Staff and Students

Home COVID-19 Tests for Students	Home COVID-19 Tests for Staff
<p>MPS will accept the results of positive home tests that are verified by the parent/ guardian for students. If the student has symptoms, we count from the symptom onset date. If the student is asymptomatic, then we count from the test date. Students will remain out of school for 10 days. Per the Milwaukee Health Department, negative results occurring in individuals with symptoms of COVID-19 should be confirmed by a molecular (PCR) test.</p> <p>MPS will accept the verbal results of positive home tests for students that are verified by the parent/guardian. The parent/guardian is also required to email a photo of the positive test result to the school leader or school nurse. These results will be kept in a folder, physical or electronic, separate from student records.</p> <p>Positive at home testing results will be accepted for students following these guidelines:</p> <ol style="list-style-type: none"> 1. At the top of a blank sheet of paper, please print the student's name along with their student identification number (example: S123456) and the date the test was taken. 2. Place the home test directly under the student's name and identification number. 3. If your child has an MPS identification card that includes their picture, please place that card next to the positive home test. 4. Please take a photo and email this information to your child's school. <p>By sending this information you are attesting that the specimen used in the at-home test pictured came from you.</p>	<p>Staff must report home testing results to their principal, building leader, or supervisor who will submit the information to the COVID-19 notification form. These results will be kept in a folder, physical or electronic, away from personnel records.</p> <p>Positive at home testing results will be accepted for staff following these guidelines:</p> <ol style="list-style-type: none"> 1. At the top of a blank sheet of paper, please print your name as it appears on you MPS payroll/check along with your PeopleSoft (employee ID) number and the date the test was taken. 2. Place the home test directly under your name and your identification number. 3. If you have been issued an MPS identification card that includes your picture, please place that card next to the positive home test. 4. Please take a photo and email this information to your supervisor, using your MPS email account. Your supervisor will enter your information in the COVID-19 notification form. <p>By sending this information you are attesting that the specimen used in the at-home test pictured came from you.</p>
<p>Note: Negative home tests are not acceptable. PCR tests are needed to confirm negative results.</p>	