

EAP services

Milwaukee Public Schools

Call: 800 638-3327

Visit: myassistanceprogram.com/fei/

Use Code: MPSEAP

We're here for you: 24/7/365

Your Employee Assistance Program (EAP) can help you strengthen your well-being and overcome some of life's most common challenges. When you have the support you need, everyone benefits. We have stronger employees, families and workplaces.

Our EAP counselors are accessible day or night. When you call, they'll assess your needs and help you find appropriate resources. They may refer you to short-term counseling or to specialists for legal, financial or work-life consultations. All services are free and confidential.

Your EAP website, myassistanceprogram.com/fei/, provides access to additional information and resources, including our monthly webinars. Here's a closer look at your EAP benefits:



Short-term counseling

Up to 6 sessions per issue per year to help you:

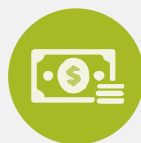
- Alleviate emotional stress
- Enhance interpersonal relationships
- Tackle family/parenting challenges
- Deal with substance misuse
- Manage strong feelings
- Build on personal strengths
- Navigate life transitions
- Work through grief and loss



Legal benefit

One consultation per issue:

- Bankruptcy, foreclosure
- Home sale/purchase or lease agreement
- Separation or divorce
- Adoption
- Child custody/child support
- Free simple will
- Traffic, civil or criminal matters
- Elder law
- Legal document review
- Simple dispute resolution



Financial benefit

Consultation for issues such as:

- Manage expenses and debt
- Prepare a realistic budget
- Deal with tax-related questions
- Plan for retirement
- Identity theft solutions
- Invest in a college education
- Student loan coaching
- Home purchase education
- Credit report review



Work-Life benefit

Consultations and referrals for:

- Childcare
- Adoption
- Elder care
- Dependent care
- K -12 & higher education resources
- Medical Advocacy
- Life Coaching