

Milwaukee Public Schools May 2024 High School Breakfast Carb Count Menu

Monday	Tuesday	Wednesday	Thursday	Friday
IN GRAMS (gm) PER 8 OZ. CARTON: Skim Milk 11 1% White Milk 11 FF Lactose-Free White Milk 13 JLD 4.11.24	*FRESH FRUIT BOWL ORANGE FRESH 138CT 16 APPLE FRESH RED 138CT 21 PEAR FRESH 120CT 21 BANANA PETIT YELLOW/GREEN 4 23	SANDWICH PB&J 2.6OZ 72 CL DD 32 CHEESE STICK MOZZ SKIM GC 36C 0 PARFAIT STRAWBERRY/FRUIT GR 49 BREAD LOAF SNACK BANANA WG 42 EGG HARD BOILED WHL BULK DD 0 JUICE FRUIT PUNCH 4.23OZ 44 15 FRESH FRUIT BOWL *	PANCAKE MINI MAPLE WG IW 72 36 PARFAIT STRAWBERRY/FRUIT GF 49 BFASIT KIT GRAHAM & CHS 60 ESI 51 PEACH CUP 24/4OZ 13 FRESH FRUIT BOWL *	PIZZA BFASIT BF SAUS REDSC IW 18 PARFAIT STRAWBERRY/FRUIT GRA 49 CRESCENT GRAPE FILLED WG IW 35 FRUIT MIX CUP 24/4OZ 13 FRESH FRUIT BOWL *
5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024
BFASIT KIT HNY SCOOT ESF 58 PARFAIT STRAWBERRY/FRUIT GR 49 SANDWICH BFASIT BEF SAUSG WC 26 APPLESAUCE CUP MANGPCH UNS 15 FRESH FRUIT BOWL *	CRESCENT GRAPE FILLED WG IW 35 SANDWICH PB&J 2.6OZ 72 32 CHEESE STICK STRING LT 168 1 PARFAIT STRAWBERRY/FRUIT GR 49 FRUIT MIX CUP 24/4OZ 13 FRESH FRUIT BOWL *	BAR CHOC CHERY GRAN BAKE IW 19 EGG HARD BOILED WHL BULK DD 0 PARFAIT STRAWBERRY/FRUIT GR 49 FRENCH TOAST STICKS WG IW 88 38 JUICE ORANGE-TANG 4.23OZ 44 18 APPLE SLICES IW 2.4OZ 100 10	BURRITO BFASIT EGG+SAUS CHS 30 SALSA CUP DIPPING LO NA DD 5 PARFAIT STRAWBERRY/FRUIT GF 49 BREAD LOAF SNACK APLCINN WC 29 CHEESE STICK CHEDDAR RF 168 0 PEACH CUP 24/4OZ 13 FRESH FRUIT BOWL *	BFASIT KIT CINN CHEX JC 60 ESF 42 PARFAIT STRAWBERRY/FRUIT GRA 49 FRUDLE APPLE WG IW 72 36 FRESH FRUIT BOWL * PINEAPPLE CUP 48/4OZ 16
5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024
BFASIT KIT CORN CHX & SEED ESF 56 PARFAIT STRAWBERRY/FRUIT GR 49 EGG OMELET COLBY CHS-DD 1 MUFFIN BLUEBERRY IW 72 30 APPLESAUCE CUP UNSWT 4.5OZ 14 FRESH FRUIT BOWL *	BAR BAKED CRISP STRAW ZEE1.3 24 CHEESE STICK CHEDDAR RF 168 0 PARFAIT STRAWBERRY/FRUIT GR 49 FRENCH TOAST MINIS WG 72 37 JUICE ORANGE-TANG 4.23OZ 44 18 APPLE SLICES IW 2.4OZ 100 10	BAR BFASIT BNANA CHOC 48CT 47 PARFAIT STRAWBERRY/FRUIT GR 49 SANDWICH PB&J 2.6OZ 72 32 CHEESE STICK MARBLE 1 JUICE FRUIT PUNCH 4.23OZ 44 15 FRESH FRUIT BOWL *	BREAD LOAF SNACK APLCINN WC 29 CHEESE STICK CHEDDAR RF 168 0 PARFAIT STRAWBERRY/FRUIT GF 49 SANDWICH BFASIT PANCAKE SAU 17 FRESH FRUIT BOWL * PINEAPPLE CUP 48/4OZ 16	BAR OATMEAL APPLE CINN IW 72 39 PARFAIT STRAWBERRY/FRUIT GRA 49 PANCAKE MINI STRAW WG IW 72 39 FRESH FRUIT BOWL * JUICE ORANGE-TANG 4.23OZ 44 18
5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024
MUFFIN BLUEB WG IW 2GRN 48 41 PARFAIT STRAWBERRY/FRUIT GR 49 BAR BRKFAST CHOC CHIP 48CT 47 JUICE GRAPE WHITE 4OZ 20 FRESH FRUIT BOWL *	SANDWICH PB&J 2.6OZ 72 32 CHEESE STICK STRING LT 168 1 PARFAIT STRAWBERRY/FRUIT GR 49 JUICE ORANGE-TANG 4.23OZ 44 18 FRESH FRUIT BOWL *	No School Summer Break	No School Summer Break	No School Summer Break
5/27/2024	5/28/2024	5/29/2024	5/30/2024	5/31/2024
No School Summer Break	No School Summer Break	No School Summer Break	No School Summer Break	No School Summer Break