

Milwaukee Public Schools May 2024 Elementary Pre-Pack Lunch Carb Count Menu

Monday	Tuesday	Wednesday	Thursday	Friday
IN GRAMS (gm) PER 8 OZ. CARTON: Skim Milk 11 1% White Milk 11 FF Lactose-Free White Milk 13 Chocolate Fat Free Milk 19 JLD 4.11.24	*FRESH FRUIT BOWL ORANGE FRESH 138CT 16 APPLE FRESH RED 138CT 21 PEAR FRESH 120CT 21 BANANA PETIT YELLOW/GREEN 4 23	CHICKEN TENDER BREADED WG-I 12 BREAD PAN ROLL WG 24CT 13 BUTTER CUPS SOFT 5GM 0 PIZZA CHEESE MINI BAGEL WG-DI 24 POTATO SMILES CRISPY MASHED 20 CARROT BABY FRESH 3OZ 7 KETCHUP PKT LS NO FRUCTOSE-I 2 SAUCE BBQ PKT 200CT 4 FRUIT MIX CUP 24/4OZ 13	TURKEY TACO MEAT 3 PLANT BASED TACO FILLING 4 CHIP FRITOS CORN ORIG BAG 1C 16 BAKED BEANS 48 JICAMA STICKS FRESH 5LB 5 SEASONING TAJIN LOW SODIUM 0 LETTUCE SHREDDED 1/4IN CS 1 SALSA CUP DIPPING LO NA DD 5 CREAM SOUR STICK 1OZ 1 SAUCE TACO PKT 200CT 1 APPLE SLICES IW 2.4OZ 100 10	FRENCH TOAST STICK CINN -DD 28 CHICKEN SAUSAGE PATTY ALL NA 0 EGG OMELET COLBY CHS-DD 41 MUFFIN BLUEB WG IW 2GRN 48 1 POTATO CHUNK ROASTED FRZ 28 DRESSING RANCH 12GM 200CT 0 KETCHUP PKT LS NO FRUCTOSE-D 2 SYRUP PANCAKE 8OCT 40 PEPPER STRIP GREEN FRESH 1/2II 3 JUICE FRZN BLRASP SIDEKIK (FRT) 23
5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024
MACARONI & CHEESE RF RS WG 28 QUESADILLA CHEESE MINI WG-DD 31 SALSA CUP DIPPING LO NA DD 5 CREAM SOUR STICK 1OZ 1 BROCCOLI FRZN 24LB 4 JICAMA STICKS FRESH 5LB 6 SEASONING TAJIN LOW SODIUM 0 BREADSTICK 12 CT MINI 1OZ WG 14 BUTTER CUPS SOFT 5GM 0 FRESH FRUIT BOWL *	BEEF PATTY/BUR GLT FRE-DD(19) 1 CHEESE AMERICAN SL-DD 1 BURGER GRILLER PRIME VEGGIE 6 BAKED BEANS 48 BREAD HAMB WG BUN 4IN 28 LETTUCE SHREDDED 1/4IN CS 1 TOMATO SLICED 1/4IN 2-5LB 2 CELERY STICK 20LB 1 DRESSING RANCH 12GM 200CT 0 KETCHUP PKT LS NO FRUCTOSE- 2 MUSTARD PKT 500CT 1 FRUIT MIX CUP 24/4OZ 13	CHICKEN BREAST GRILLD-DD 215 1 BREAD HAMB WG BUN 4IN 28 EGG OMELET COLBY CHS-DD 1 MUFFIN BLUEB WG IW 2GRN 48 41 MAYONNAISE PKT 500CT 0 SAUCE BBQ PKT 200CT 4 KETCHUP PKT LS NO FRUCTOSE-I 2 MUSTARD PKT 500CT 1 JUICE VEG DRAGN PUNCH(NO BF) 13 APPLE SLICES IW 2.4OZ 100 10	PANCAKE WG 28 CHICKEN SAUSAGE PATTY ALL N. 0 EGG PATTY GRILLED BULK DD 3 0 POTATO CHUNK ROASTED FRZ 28 KETCHUP PKT LS NO FRUCTOSE- 2 SYRUP PANCAKE 8OCT 40 PEPPER STRIP RED FRESH 1/2 IN 3 JUICE ORANGE-TANG 4.23OZ 44 18	PIZZA BOX TURKPEP WG 4X6 40 29 PIZZA BOX CHEESE WW 4X6 40 27 LETTUCE ROMAINE CHOP 1 TOMATO GRAPE FRESH 2 DRESSING RANCH 12GM 200CT 0 DRESSING ITAL FF PKT 12GM 204 1 JUICE FRZN BLRASP SIDEKIK (FRT) 23
5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024
BEEF HOT DOG 80 3 BURGER GRILLER PRIME VEGGIE 6 BREAD HOT DOG WG BUN 27 BREAD HAMB WG BUN 4IN 28 POTATO WEDGE 8CUT SEASONEE 22 BROCCOLI FLORETS FRESH 2 DRESSING RANCH 12GM 200CT 0 KETCHUP PKT LS NO FRUCTOSE-I 4 MUSTARD PKT 500CT 1 PINEAPPLE CUP 48/4OZ 16	TURKEY TACO MEAT 3 PLANT BASED TACO FILLING 4 TORTILLA SHELL 6IN WG 26 REFRIED BEANS 22 CHEESE CHEDDAR SHREDDED-B 1 LETTUCE SHREDDED 1/4IN CS 1 JICAMA STICKS FRESH 5LB 5 SEASONING TAJIN LOW SODIUM 0 SALSA CUP DIPPING LO NA DD 5 CREAM SOUR STICK 1OZ 1 APPLE SLICES IW 2.4OZ 100 10	CHICKEN PATTY BREAD WG-DD-1: 9 BREAD HAMB WG BUN 4IN 28 PIZZA CHEESE MINI BAGEL WG-DI 30 LETTUCE ROMAINE CHOP 1 DRESSING RANCH 12GM 200CT 0 MAYONNAISE PKT 500CT 0 SAUCE BBQ PKT 200CT 4 JUICE FRZN CHR SIDEKIK CUP(VE) 22 FRUIT MIX CUP 24/4OZ 13	BEEF SLOPPY JOE W SOY 102 11 BREAD HAMB WG BUN 4IN 28 SANDWICH GRILLED CHEESE LGI 31 POTATO TOTS 16 KETCHUP PKT LS NO FRUCTOSE- 2 CARROT BABY FRESH 3OZ 7 FRESH FRUIT BOWL * PUDDING CHOCOLATE CUP 48 23	CHICKEN TENDER BREADED WG-D 12 CHICKEN MOCK NUGGET VEGETAF 25 MASHED POTATOES 15 GRAVY CHICKEN 2 CORN FROZEN 30LB GC 16 BREAD PAN ROLL WG 24CT 13 BUTTER CUPS SOFT 5GM 0 FRESH FRUIT BOWL *
5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024
CHICKEN TERIYAKI UNBRD-DD(24) 6 CHICKEN MOCK NUGGET VEGETA 25 SAUCE BBQ PKT 200CT 4 RICE BROWN 24 LETTUCE ROMAINE CHOP 1 PEPPER STRIP RED FRESH 1/2 IN 3 DRESSING RANCH 12GM 200CT 0 FRESH FRUIT BOWL * BAR BROOKEE TREAT WG 96 IW 23	CHICKEN MEATBALL 1OZ DD 6 SAUCE SPAGHETTI ENHANCED-D 6 CHEESE MOZZ SHRED 1 BURGER GRILLER PRIME VEGGIE 6 BREAD HAMB WG BUN 4IN 28 BREAD HOT DOG WG BUN 27 BAKED BEANS 48 JICAMA STICKS FRESH 5LB 5 SEASONING TAJIN LOW SODIUM 0 KETCHUP PKT LS NO FRUCTOSE- 2 MUSTARD PKT 500CT 1 FRESH FRUIT BOWL *	TURKEY HAM SL ALL NATR-DD 3 CHEESE AMERICAN SL-DD 1 BREAD HOT DOG WG BUN 27 SANDWICH SUNBUTTER&JELLY W 33 CHEESE STICK CHEDDAR RF 168 0 LETTUCE ROMAINE CHOP 1 CUCUMBER SLI 1/2INCH 5LB 2 DRESSING FRENCH 12gm 500CT 2 DRESSING RANCH 12GM 200CT 0 APPLE SLICES IW 2.4OZ 100 10	CHICKEN DRUMSTICK MESQ GLZI 4 CHICKEN MOCK NUGGET VEGETA 25 POTATO SWEET SAVRY FRY-DD 25 BROCCOLI FLORETS FRESH 2 DRESSING RANCH 12GM 200CT 0 BREAD PAN ROLL WG 24CT 13 BUTTER CUPS SOFT 5GM 0 KETCHUP PKT LS NO FRUCTOSE- 2 JUICE FRZN BLRASP SIDEKIK (FR) 23	QUESADILLA CHEESE MINI WG-DD 31 TURKEY BBQ CHOPPED (SUB) 17 BREAD HAMB WG BUN 4IN 28 BEAN GREEN FRZ 30LB 5 CARROT BABY FRESH 3OZ 7 SALSA CUP DIPPING LO NA DD 5 CREAM SOUR STICK 1OZ 1 FRESH FRUIT BOWL * ICE CREAM CUP CHOCOLATE MALI 19
5/27/2024	5/28/2024	5/29/2024	5/30/2024	5/31/2024
No School Memorial Day	POTATO WEDGE 8CUT SEASONEE 22 TURKEY TACO MEAT 3 PLANT BASED TACO FILLING 4 CHEESE CHEDDAR SHREDDED-DI 2 CREAM SOUR STICK 1OZ 1 SALSA CUP DIPPING LO NA DD 5 CARROT BABY FRESH 3OZ 7 BREAD PAN ROLL WG 24CT 13 BUTTER CUPS SOFT 5GM 0 PINEAPPLE CUP 48/4OZ 16	PIZZA BOX TURKPEP WG 4X6 40 29 PIZZA BOX CHEESE WW 4X6 40 27 LETTUCE ROMAINE CHOP 1 TOMATO GRAPE FRESH 0 JUICE FRZN CHR SIDEKIK CUP(VE) 22 DRESSING RANCH 12GM 200CT 0 DRESSING ITAL FF PKT 12GM 204 1 FRESH FRUIT BOWL *	TURKEY TACO MEAT - DD 3 CHIP TORTILLA IW 104 sub 18 QUESADILLA CHEESE MINI WG-DI 31 REFRIED BEANS 22 CHEESE CHEDDAR SHREDDED-D 1 SALSA CUP DIPPING LO NA DD 5 CREAM SOUR STICK 1OZ 1 SAUCE TACO PKT 200CT 1 PEACH CUP 24/4OZ 13	FRENCH TOAST STICK CINN -DD 28 CHICKEN SAUSAGE PATTY ALL NA 0 EGG OMELET COLBY CHS-DD 1 MUFFIN BLUEB WG IW 2GRN 48 41 POTATO CHUNK ROASTED FRZ 28 DRESSING RANCH 12GM 200CT 0 KETCHUP PKT LS NO FRUCTOSE-D 2 SYRUP PANCAKE 8OCT 40 PEPPER STRIP GREEN FRESH 1/2II 3 JUICE FRZN BLRASP SIDEKIK (FRT) 23

"This institution is an equal opportunity provider."