

Milwaukee Public Schools May 2024 High School Pre-Pack Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>-1- WG CHICKEN TENDERS WG DINNER ROLL & BUTTER OR BLACK BEAN BURGER ON WG HAMBURGER BUN OR WG TURKEY & CHEESE SUB SANDWICH OR WG PB&J SANDWICH</p> <p>AND POTATO SMILES FRESH BABY CARROTS RANCH DRESSING /KETCHUP BBQ SAUCE PEAR CUP FRESH FRUIT BOWL "LOCAL" ICE CREAM CHOICE OF MILK</p>	<p>-2- WALKING TACO: CHOICE OF +TACO MEAT -OR- PLANT BASED MEAT ALTERNATE WITH ORIGINAL FRITOS OR WG CHEESE QUESADILLAS OR LARGE WG PB&J SANDWICH</p> <p>AND REFRIED BEANS WITH CHEESE JICAMA STICKS WITH TAJIN SEASONING SHREDDED LETTUCE & MATCH STICK SHREDDED CARROTS MEDLEY SALSA CUP /SOUR CREAM FRESH APPLE SLICES FRESH FRUIT BOWL CHOICE OF MILK</p>	<p>-3- FRENCH TOAST STICK WITH +TURKEY CHICKEN SAUSAGE PATTIES OR GRILLED EGG PATTIES LARGE WG BLUEBERRY MUFFIN OR LARGE WG PB&J SANDWICH</p> <p>-AND- ROASTED DELI POTATOES 100% MANGO WANGO VEGETABLE JUICE KETCHUP / SYRUP FRESH APPLE SLICES FRESH FRUIT BOWL CHOICE OF MILK</p>
<p>-6- WG ITALIAN ROTINI PASTA BAKE OR WG MACARONI & CHEESE WITH WG BREADSTICK & BUTTER OR LARGE WG PB&J SANDWICH</p> <p>-AND- STEAMED BROCCOLI SPEARS JICAMA STICKS WITH TAJIN SEASONING MIX FRUIT COCKTAIL CUP FRESH FRUIT BOWL CHOICE OF MILK</p>	<p>-7- WG MINI CHEESEBURGER TWIN PACK OR BLACK BEAN BURGER ON WG HAMBURGER BUN OR WG PB&J SANDWICH</p> <p>AND VEGETARIAN BAKED BEANS SHREDDED LETTUCE & SLICED TOMATO MEDLEY 100% MANGO WANGO VEGETABLE JUICE KETCHUP / MAYONNAISE PEACH CUP FRESH FRUIT BOWL CHOICE OF MILK</p>	<p>-8- *PORK BBQ RIB SANDWICH ON WG HOAGIE BUN OR EGG & CHEESE OMELET WG BLUEBERRY MUFFIN OR LARGE WG PB&J SANDWICH</p> <p>AND SEASONED CURLY FRIES BABY CARROTS RANCH DRESSING / KETCHUP MANGO PEACH APPLESAUCE CUP FRESH FRUIT BOWL CHOICE OF MILK</p>	<p>-9- WG PANCAKES WITH +TURKEY CHICKEN SAUSAGE PATTIES OR WG GRILLED CHEESE SANDWICH OR LARGE WG PB&J SANDWICH</p> <p>-AND- ROASTED DELI POTATOES BABY CARROTS KETCHUP / SYRUP 100% ORANGE JUICE FRESH FRUIT BOWL CHOICE OF MILK</p>	<p>-10- WG BEEF PEPPERONI PIZZA OR WG CHEESE PIZZA OR LARGE WG PB&J SANDWICH</p> <p>AND SIDE SALAD WITH GRAPE TOMATOES RANCH OR ITALIAN DRESSING FROZEN BLUE RASPBERRY SIDEKICK SLUSHIE FRESH FRUIT BOWL CHOICE OF MILK</p>

NUTRI-NOTE: *=Pork +=Turkey. All meals include 1/2 pint of milk. Students may choose Skim or 1% White Milk at Breakfast, and Skim, 1% White Milk or Fat Free Chocolate Milk at Lunch. All Menus and Special Dietary Needs forms are available in 7 different languages, they can be found on the MPS Department of Nutrition Services webpage at: mpsmke.com/nutrition Menu subject to change. "This institution is an equal opportunity provider."

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<p>-13- ALL BEEF HOT DOG ON WG HOT DOG BUN OR PRIME GRILLER VEGGIE BURGER ON WG HAMBURGER BUN OR LARGE WG PB&J SANDWICH</p> <p>AND TENDER GREEN BEANS DRAGON FRUIT PUNCH KETCHUP / MUSTARD PINEAPPLE CUP FRESH FRUIT BOWL CHOICE OF MILK</p>	<p>-14- "NEW" TACO BAR CHOICE OF: +TACO MEAT, FAJITA CHICKEN OR PLANT BASED MEAT ALTERNATE CHOICE OF: WG TORTILLA SHELL OR HARD SHELL</p> <p>CHOICE OF TOPPINGS: LETTUCE, CHEESE, TOMATOES, BLACK OLIVES, TACO SAUCE & SOUR CREAM</p> <p>ALL TACO BAR PARTICIPANTS-- WG CINNAMON CHURRO CRACKERS OR LARGE WG PB&J SANDWICH</p> <p>-AND- REFRIED BEANS WITH CHEESE FRESH BABY CARROTS & CELERY STICK MEDLEY RANCH DRESSING PEAR CUP FRESH APPLE SLICES CHOICE OF MILK</p>	<p>-15- WG BREADED CHICKEN PATTY ON WG HAMBURGER BUN OR WG GRILLED CHEESE SANDWICH OR WG PB&J SANDWICH</p> <p>AND GARDEN SALAD WITH CUCUMBER SLICES 100% VEGETABLE JUICE SHREDDED LETTUCE & TOMATO SLICES MEDLEY MAYONNAISE /SALAD DRESSING ZEE ZEE PINEAPPLE CHIPS FRESH FRUIT BOWL CHOICE OF MILK</p>	<p>-16- WG CHICKEN TENDER BBQ SAUCE OR WG MACARONI & CHEESE OR WG PB&J SANDWICH</p> <p>-AND- ROMAINE LETTUCE SALAD WITH GRAPE TOMATOES CUCUMBER SLICES RANCH OR FRENCH DRESSING WG BREADSTICK & BUTTER MIX FRUIT CUP FRESH FRUIT BOWL CHOICE OF MILK</p>	<p>-17- WG BREADED POPCORN CHICKEN OR VEGETARIAN NUGGETS Both Served with-- WG PAN ROLL BUTTER OR LARGE WG PB&J SANDWICH</p> <p>AND MASHED POTATOES & GRAVY STEAMED CORN MIXED FRUIT CUP FRESH FRUIT BOWL CHOICE OF MILK</p>
<p>-20- WG BREADED CHICKEN PATTY ON WG HAMBURGER BUN OR WG PB&J SANDWICH</p> <p>AND STEAMED BROCCOLI FRESH RED PEPPER STRIPS MAYONNAISE PEAR CUP BLUE RASPBERRY SIDEKICK CHOICE OF MILK</p>	<p>-21- WG PB&J SANDWICH</p> <p>AND FRESH BABY CARROTS FROZEN CHERRY SIDEKICK PEACH MANGO APPLESAUCE CUP FRESH FRUIT BOWL CHOICE OF MILK</p>	<p>-22- NO SCHOOL SUMMER BREAK</p>	<p>-23- NO SCHOOL SUMMER BREAK</p>	<p>-24- NO SCHOOL SUMMER BREAK</p>
<p>-27- NO SCHOOL SUMMER BREAK</p>	<p>-28- NO SCHOOL SUMMER BREAK</p>	<p>-29- NO SCHOOL SUMMER BREAK</p>	<p>-30- NO SCHOOL SUMMER BREAK</p>	<p>-31- NO SCHOOL SUMMER BREAK</p>

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