

A quick refresh of THE BASICS

EXPLOITATION Taking advantage of someone or treating them unfairly for personal benefit or gain.

HUMAN TRAFFICKING

Labor Trafficking: When someone takes advantage of another person for labor, using force, fraud or coercion. Examples include being forced to work without pay for the promise of payment, which never comes, or to repay a debt.

Sex Trafficking: Exchange of a sexual act for something of value (such as money, drugs, food, shelter, clothes). Anyone can experience sex trafficking, but if you are 18 or older, force, fraud, or coercion must be present. If you are under 18, any exchange of a sexual act for something of value is considered sex trafficking.

FORCE Physical restraint, beatings, rape, confinement.

FRAUD False promises, lying, tricking, withholding wages.

COERCION Threats, blackmail.

COMMERCIAL SEXUAL EXPLOITATION OF CHILDREN

Sexual abuse of a child (younger than 18) by another person in return for something of value. Commercial sexual exploitation of children includes child pornography, trafficking in children for sexual purposes, child sex tourism, and child marriage when payment is exchanged.

SEXUAL ASSAULT Sexual contact or behavior that occurs without explicit consent of the victim.

RAPE Penetration, no matter how slight, of the vagina or anus with any body part or object, or oral penetration by a sex organ of another person, without the consent of the victim. Rape is a crime that is motivated by power and control.

CONSENT When someone agrees, gives permission, or says "yes" to sexual activity with other persons. Consent is freely given, and all people in a sexual situation must feel that they are able to say "yes" or "no" or stop the sexual activity at any point. There are three main considerations in judging whether a sexual act is consensual or is a crime: Both people 1) are old enough to consent, 2) have the capacity to consent, and 3) have agreed to the sexual contact.

SAFETY PLANNING Brainstorming ways to stay safe that might also help reduce the risk of future harm. It can include planning for a future crisis, considering your options, and making decisions about your next steps.

SAFE SPACES AND SHELTERS

GLOW 414

Call/text (414) 218-1001 or check Facebook @GLOW414

Drop-in activities, programming for teen girls and up to age 22.

Owen's Place

4610 W. Fond du Lac Ave., (414) 977-4249

Computers and internet access, kitchen, hygiene supplies, other programs, and activities for ages 16–24. Walk in Monday–Friday, 9:00 a.m.–5:00 p.m.

Pathfinders

4200 N. Holton St., (414) 271-1560, 24/7 hotline

Confidential counseling or help for youth with no safe place to go. Located on the north/east side. Shelter, drop-in hours, crisis support, and basic needs.

Street Beat Youth Outreach

Call/text (414) 852-3027 for outreach worker, or check Facebook or Instagram @StreetBeat MKE for location updates

Confidential support where outreach workers come to you to help find services or to talk. Street hours for north and south sides. Tuesday–Friday, 1:00–6:30 p.m.

Walker's Point Teen Crisis and Runaway Program

732 S. 21st St., (414) 647-8200; 24/7

Located on the south side. A safe place for ages 11–17 to stay for a few hours or up to two weeks. Counseling, crisis support, and basic needs.

HOTLINES

Milwaukee 24/7 Youth Crisis Hotlines

- Pathfinders: (414) 271-1560 / (866) 212-SAFE (7233)
- Walker's Point: (414) 647-8200

National Human Trafficking Resource Center

(888) 373-7888, text 233733 (Befree)

traffickingresourcecenter.org
Help if you or someone you know has experienced human trafficking or is in a potential human trafficking situation.

National Runaway Safeline

(800) RUN-AWAY (786-2929)
1800runaway.org

The safeline offers counseling, resources, shelter, and food and will contact your family or get you a bus ticket home if that is what you want to do.

The Trevor Project

(866) 488-7386 • thetrevorproject.org

Helpline for lesbian, gay, bisexual, transgender, and questioning youth in crisis or thinking about suicide. They also provide support resources for educators and parents.

LovelsRespect.org

Call (866) 331-9474 / text LOVEIS to 22522
Confidential advocate support for dating violence.

211

Call 2-1-1 / text your ZIP code to 898-211

Food, shelter, jobs, and other resources near you. Ages 18+ seeking shelter must call for coordinated housing entry.

988 Lifeline

Call 9-8-8; 24/7 support for people experiencing a suicidal crisis.

TakeItDown.NCMEC.org

Anonymously request removal of explicit pictures/videos shared on social media. Use the Cyber Tipline to report exploitation.



A Guide to LOCAL HELP for Youth IN MILWAUKEE

Don't have time
for all this?

CALL 211

They will connect
you with someone.

[mpsmke.com/
mpshtpe](https://mpsmke.com/mpshtpe)



MENTAL WELLNESS / HEALING

Children's Wisconsin Craig Yabuki Mental Health Walk-In Clinic

8915 W. Connell Court, (414) 337-3400
Urgent mental health care for ages 5 to 18.

Mental Health Emergency Center

1525 N. 12th St., (414) 966-3030
24/7/365 walk-in emergency mental health
for youth and adults.

Milwaukee Center for Children/Youth (414) 248-3996 (English/Spanish) or DM @mccymilwaukee

Help for ages 6 to 17 to find healing and to
access resources. Legal, medical, educational
accompaniment. Support groups for resilience
and well-being. Some services confidential.

MKE Mobile Crisis (414) 257-7222

Mental health crisis support 24/7 for all ages.

Pathfinders Hand in Hand Program

4200 N. Holton St., (414) 651-1083
Individual and group therapy for youth
survivors of sexual abuse and assault (ages 6
to 18).

Walker's Point Youth and Family Center

732 S. 21st St., (414) 647-8200
Free mental health counseling for ages 11 to
17. Youths 14+ can request counseling
without parent/guardian permission.

Wraparound Milwaukee – Children's Community Mental Health Services (414) 257-7607

Mental health services, alcohol and substance
abuse counseling, and family case
management, for ages 5 to 23.

HEALTH

Children's Wisconsin Emergency Department

8915 W. Connell Court
Walk in anytime for medical emergencies and
health needs that cannot wait.

Keenan Health Center

3200 N. 36th St., (414) 286-8840
Walk-in Monday-Friday; Call/check online for
daily hours. Free STI testing/treatment
(confidential for ages 12+), birth control pills
or Depo shot, free condoms, and emergency
contraceptives such as Plan B.

Midtown Pediatric Clinic

5433 W. Fond du Lac Ave., (414) 277-8900
Call to request an appointment with
Kaitlin Michel, APNP, or Dr. Wendi Ehrman
Primary and reproductive care for teens up to
age 21. Sees parenting youth and their
children.

Planned Parenthood of Wisconsin (800) 230-PLAN (7526)

Sexual and reproductive health

Health care for all ages, and confidential STI testing for patients 14+:

Outreach Community Health

210 W. Capitol Drive, (414) 727-6320

Progressive Community Health

3522 W. Lisbon Ave., (414) 935-8000,
and urgent care location at Aurora Sinai
Medical Center, 945 N. 12th St.

Sixteenth Street Clinic

(414) 672-1353, sschc.org for locations

LGBTQ YOUTH

Diverse and Resilient

2439 N. Holton St., (414) 390-0444
Health services and support for ages 13–18.
Free, confidential HIV/STI testing. Health
education, trans health, name change,
anti-violence work.

Project Q (MKE LGBT Community Center)

315 W. Court St., (414) 271-2656
Support and services for youth ages 13–24.
mkelgbt.org or Facebook/Instagram @mkelgb.

TRAFFICKED AND EXPLOITED YOUTH

GRAY Responders

Call/text (414) 800-CRAY (2729); Sunday–
Friday, 4pm–midnight
Confidential advocate support for ages 11–25
with life experience trading sex and/or being
taken advantage of sexually. Will meet at the
hospital, when talking to police, help with
options/resources.

Pathfinders New Paths

Call/text (414) 587-5247, Monday-Friday
Confidential advocates for ages 11–25 with
life experience trading sex and/or being taken
advantage of sexually.

UMOS Latina Resource Center

2701 S. Chase Ave., Suite D,
(414) 389-6510 (English/Spanish)
Supportive services for sexual assault, dating
violence, and sex and labor trafficking. Open
to all, not just for Latinas.

DATING / SEXUAL VIOLENCE

Aurora Healing and Advocacy Services

945 N. 12th St. (Aurora Sinai Medical
Center) or 8901 W. Lincoln Ave. (West Allis
Medical Center)

24/7 hotline (414) 219-5555 or
text (414) 219-1551

Confidential support for all ages experiencing
sexual assault or partner violence. Walk in for
24/7 specialized nursing services after sexual
assault or partner violence.

Milwaukee Center for Children/Youth 317 W. National Ave.

Call/text (414) 248-3996 (English/Spanish)
Help for youths (6–17) to find healing and to
access resources. Legal, medical, educational
accompaniment and support groups for
resilience and well-being.

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Supportive services for sexual assault, dating
violence, and sex and labor trafficking; youth/
adult. Open to all, not just for Latinas.

MY SAFE PEOPLE

A FRIEND I CAN TALK TO:

AN ADULT I CAN TALK TO: