



**MILWAUKEE**  
PUBLIC SCHOOLS

## Questions of the Day

Here are some fun questions to get those conversations started. Remember to share why you picked your answer.

- What has been the best part of being at home?
- What is your least favorite chore?
- If you could change the color of the sky, which color would you choose?
- If you could be an animal for a day, which animal would you choose?
- Have you ever received a present you didn't like? What did you do with it?
- Would you rather watch the entire Avengers movies or the entire Star Wars movies?
- Which superhero would you want to be?
- What makes you laugh?
- What is your favorite game?
- Describe your perfect day.
- What is your favorite restaurant?
- What character from your favorite TV show or movie would you want to spend the day with?
- What is the nicest thing you did for someone this week?

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Alphabet Scavenger Hunt

Race to see how long it takes to find an object your home that starts with each letter of the alphabet! Work alone, in pairs, or all together. Ready, Set, Go!!!!

A	N
B	O
C	P
D	Q
E	R
F	S
G	T
H	U
I	V
J	W
K	X
L	Y
M	Z

Added questions when complete: Which letter was the hardest to find? Which was the easiest?

# Mirror Stretch

*Great for working on mutual cooperation and unselfconscious stretching*

## BRIEF DESCRIPTION

Facing each other, one person will reproduce the “mirror image” of their partner’s moves.

## WHAT YOU NEED

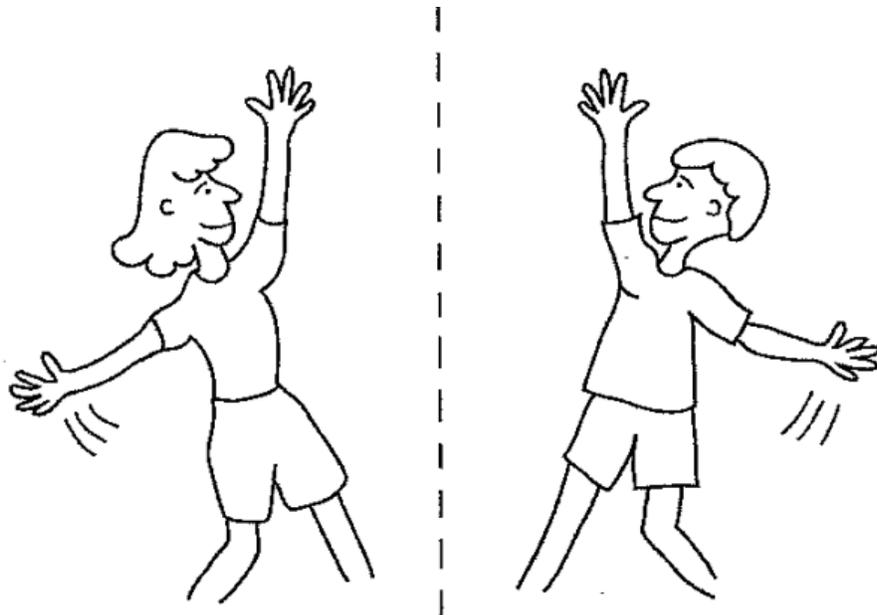
- A flat, open space
- Minimum of 2 people
- 5 minutes

## DIRECTIONS

Try to find a partner who is about the same height. You may need to demonstrate with a volunteer standing about 2 feet from you. You initiate the action while the other person becomes your mirror image. Understand that it is a mirror image, so if you extend your left arm out to your left side, your partner will extend their right arm to their right side.

The intention is to make your movements interesting and slow enough for the other person to mime as though he or she were a full-length mirror. The enjoyment level is definitely enhanced by an initial zany presentation of unselfconscious stretching. Try to invent an interesting morning “wake-up routine” that includes having a shower, getting dressed, eating breakfast, etc.

Take turns leading the mirror stretch, and see people like you have never seen them before.



# Salt and Pepper

*A nice warm-up activity*

## BRIEF DESCRIPTION

Individuals attempt to jump to the desired side of a line immediately upon the directions of the “leader.”

## WHAT YOU NEED

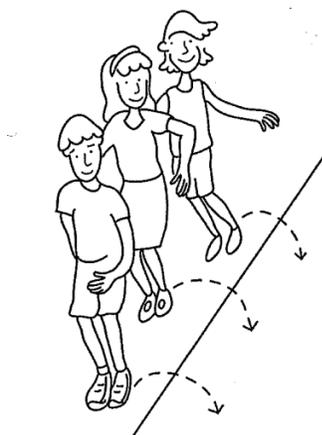
- A flat, open space
- Long line on the ground (try to use something flat that won't trip anyone)
- 10–15 minutes

## DIRECTIONS

The whole group stands on one side of the line marked on the ground; for example, a basketball court boundary. The leader should be standing on the line with the rest of the group in a single file line facing the leader. Identify two clearly distinct areas that represent the 2 sides of the line; e.g., one side is the “salt,” the other side is the “pepper.” You can also use the surrounding area you are in (“window” side and “door” side, etc.). The name of the area doesn't matter as long as it is clear to the group.

To start, the leader simply calls out “salt” or “pepper.” At this point, the group will attempt to jump or remain on the side that represents the call. Ideally, they are doing this all together. It could sound something like “...salt...pepper...salt...salt....” The leader should try to be unpredictable both in terms of pace and choice of call.

For the truly competitive group: If someone jumps when they shouldn't or is too slow in their jumping or even flinches (if you are really ruthless), these folks are “out of the game.” It's up to you what that means, of course. Sometimes it means the person steps away from the playing area and the game continues until you have a “winner.” You can also have the person eliminated making the next set of calls, or perhaps having the group members trying to keep track of how many times they had an “error.” Perhaps set a goal for how many errors you are willing to have before you have to step aside.



# What's This?

## WHAT YOU NEED

Cell phone

## ACTIVITY

Take turns zooming in on an object around the house as close as you can with the camera and take a photo. Make sure the picture is up close but not too blurry. The rest of the group tries to guess the object.

Example:



Photo



Answer

## FUN QUESTIONS

- Was it easy to figure out the object?
- Do things look different when you take the time to look closely?
- What object would you like to zoom in on to see what it is like?