

Sample Questions for Strengths Assessment – Family Questionnaire

1. What are the best things about each of your children?
2. What do you do for fun as a family?
3. What do you like to watch on television as a family?
4. What are your favorite books to read or movies to watch as a family?
5. Who are your child's close friends and why are they important to him/her?
6. Who are your close friends and why are they important to you?
7. Do any of your friends provide support for your child?
8. What kind of future do you hope to see for your children?
9. What kind of future do you hope to see for yourself?
10. What does your child do that is irritating to you?
11. What does your child do to "blow off steam"/calm down?
12. What do you do to relax or "blow off steam"?
13. How is your child's relationship with their dad/mom?
14. How is your relationship with their dad/mom?
15. What is your neighborhood like? Does your child have friends in the neighborhood?
16. What were you like as a kid?
17. What do you think your child will be like as an adult?
18. What was the best trip you ever took? What made it the best?
19. How do you picture your family in five years from now?
20. What makes you smile about your child/family at least once a day?
21. If you could have your child meet one goal within the next year, what would it be?
22. If you personally could meet one goal within the next year, what would it be?