

Creating Safety Plans

In Educational Wraparound

Steps in FBA/BIP and Crisis/Safety Planning

- Identify and engage the people who know the crisis best
- Define and specify the behavior
- What happens before the crisis situation?
- What happens during the crisis behavior?
- What happens after the behavior?
- What is the best guess (hypothesis) as to why it happens (function)?
- Identify a positive replacement behavior.
- Develop the written crisis plan
- Implement the plan to see if the hypothesis works

Identify and Engage People who Know Crisis Situation Best

- Who is generally present during the behaviors or crisis situation?
- Who knows the youth and family best?
- Are there people who review or work on crisis situation/behavior?

Define and Specify the Behavior or Crisis Situation

- In a few simple sentences describes the behavior of concern
- Be specific enough that everyone on the team will recognize it if it occurs
- Describe how often, how long and/or level of intensity

What Happens Before the Behavior or Crisis Situation?

- When does the behavior occur?
- What are the setting events (triggers)?
 - Physiological
 - Environmental
 - Social
- Look for exceptions when the challenging behavior DOES NOT occur.
 - What's different about these times?
 - What triggers the behavior to NOT occur?
 - What triggers the alternative behavior we would like to see occur more frequently?

What Happens During the Crisis or Behavior?

- What happens specifically?
- Is there a chain of events in the crisis or behaviors?
- What are the things that happen that signal the crisis or behavior is beginning?
- Who does what during the behavior or crisis?
- How do people respond?
- How well do the things people try work?

What Happens After the Behavior?

- Does the behavior result in the person getting something?
- Doing something he/she wants to do?
- Does the behavior result in the person avoiding doing something?

Best Guess (hypothesis) as to Why the Behavior Happens

- This involves suggesting hypotheses for what need is being met by the behavior
- Key team members offer their best guesses as to what need is being met
- Team selects the one that is most plausible

Replacement Behaviors

- Develop a positive replacement behavior that meets the overall conditions of your hypothesis but,
- Deals with the behavior in a positive manner

Develop the Safety Plan

- Use the setting events and functions to develop prevention strategies
- Develop de-escalation options for signs behavior is beginning
- Develop response to crisis if it occurs

Safety Plan Questions to consider:

1. What is the most concerning behavior?
2. What are the warning signs the behavior is escalating (moving in seat, tapping pen)?
3. What will you do when the behavior occurs? For and with this student and for and with the students in the surrounding area?
4. Who will be first, second, third for support?
5. Do you need materials for the student and staff to communicate nonverbally, ex. visual charts, pass, etc)

Illinois PBIS Network
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