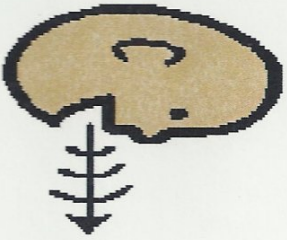


Grades 6-8: Talking Assertively



Decide what you want to say.



Think about how you would feel if someone said that to you.

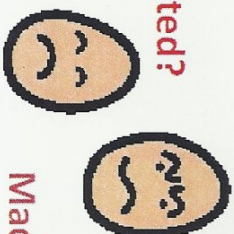


Hurt?
Insulted?

Mad?

Then think of a new way to say it.

Decide how the person you are speaking to might feel.



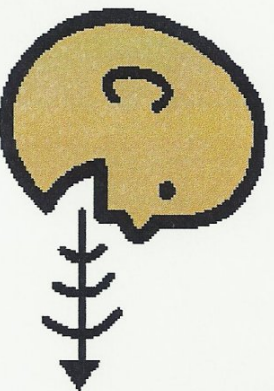
Insulted?

Hurt?

Mad?



If you or the other person would be hurt, think of a new way to say it.



Say it in a calm, strong voice.