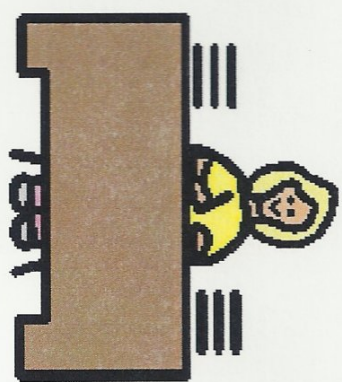


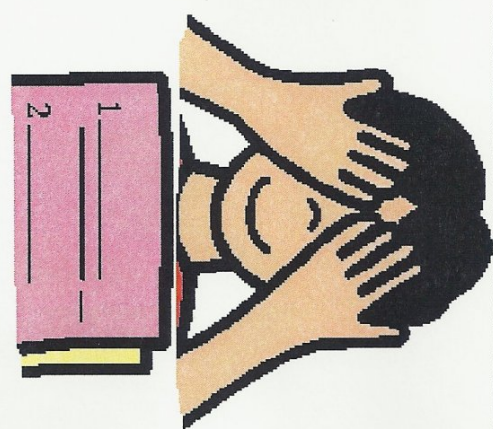
# Grades 4-5: Ignoring Distractions

5

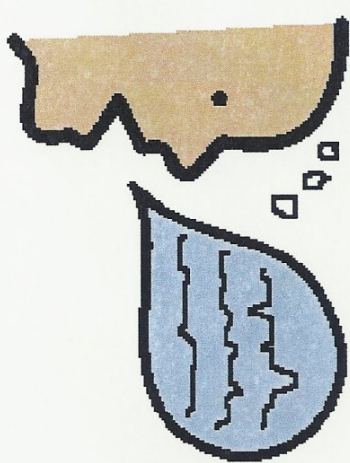
Count to five.



Continue to work.



Say to yourself, "I won't look. I'll keep working."



Say to yourself, "Good for me. I did it."