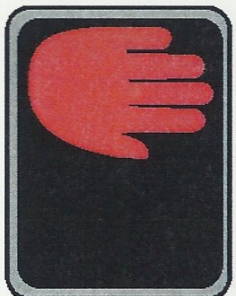


Grades 4-5: Asking for Help



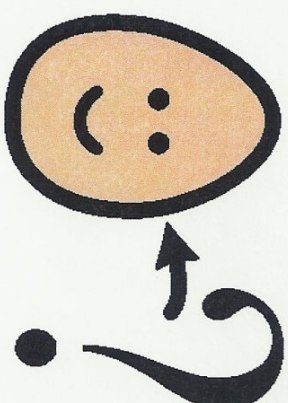
Say to yourself,
"Can I do this alone?"



Wait without
talking.



If not, raise your hand.



Ask for help using
kind words.