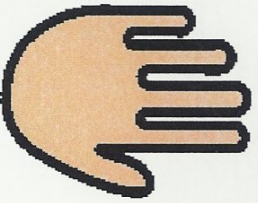


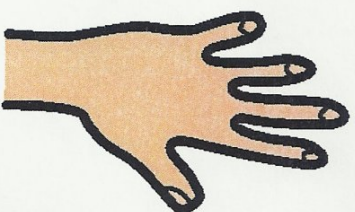
Grades 1-3: Asking for Help



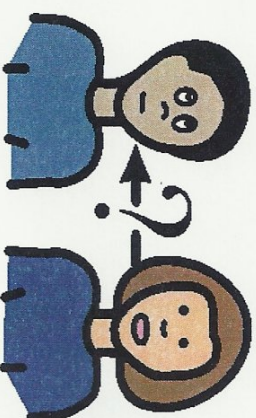
Ask yourself if you can do this alone.



Wait.
Say to yourself, "I know I can wait without talking."



If not, raise your hand.



Ask for help in a friendly way.