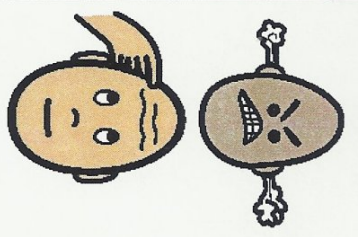
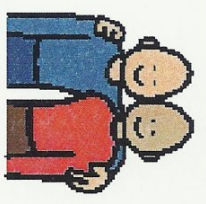


# Grades 6-8: Thinking Smart When You Feel Angry

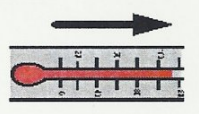


Stop and say, "When I feel angry, I need to think smart."

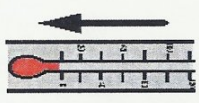
CHOICES



Work it out.



Change hot thoughts to cool thoughts.



Move on.



Do it!