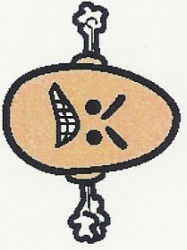


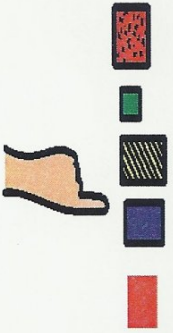
# Grades 1-3: Cooling Off When You Feel Angry



Notice you are feeling angry.



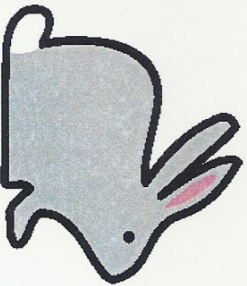
Say, "It's OK to feel angry.  
It's not OK to hurt anyone."



Choose



Turtle.



Rabbit.



Ask to talk.



Do it.