

## Sources and Resources

The PBIS SAIG lessons in this document are a result of collaboration between Milwaukee Public Schools school counselors, school psychologists, and school social workers. To make a daunting task doable, we began with the highly regarded and well researched *Skillstreaming* approach to teaching social skills. We surveyed our colleagues to learn which skills were most critical to success for students at their schools and narrowed the list to eighteen skills for each of four grade bands – nine Classroom Survival Skills and nine Emotional Management Skills.

While the skill steps in most lessons are taken directly from *Skillstreaming* guides, some are modified and a few are taken from other sources.

Our approach to each lesson combines procedures recommended by *Skillstreaming* with resources from important MPS district initiatives like Experiential Education (Ropes and Challenges), Restorative Practices, and Second Step. Below are the resources we used.

### From *Skillstreaming*

McGinnis, Ellen. (2012). *Skillstreaming in Early Childhood: A Guide for Teaching Prosocial Skills 3<sup>rd</sup> Edition*. Champaign, IL: Research Press Publishers.

McGinnis, Ellen. (2012). *Skillstreaming the Elementary School Child: A Guide for Teaching Prosocial Skills 3<sup>rd</sup> Edition*. Champaign, IL: Research Press Publishers.

McGinnis, Ellen. (2012). *Skillstreaming the Adolescent: A Guide for Teaching Prosocial Skills 3<sup>rd</sup> Edition*. Champaign, IL: Research Press Publishers.

### From other Sources

Cavert, Chris & Friends. (1999). *Games (& other stuff) For Group: Book 1 2<sup>nd</sup> Edition*. Oklahoma City, OK: Wood 'N' Barnes Publishing.

Cavert, Chris & Friends. (1998). *Games (& other stuff) For Group: Book 2*. Oklahoma City, OK: Wood 'N' Barnes Publishing.

Cavert, Chris, Frank, Laurie & Friends. (1999). *Games (& other stuff) For Teachers*. Oklahoma City, OK: Wood 'N' Barnes Publishing & Distribution.

Frank, Laurie S. (2004). *Journey Toward the Caring Classroom*. Bethany, OK: Wood 'N' Barnes Publishing.

Huebner, Dawn. (2008). *What to Do When Your Temper Flares*. Washington, DC: Magination Press.

Kornblum, Rena. (2002). *Disarming the Playground: Violence Prevention Through Movement and Pro-Social Skills*. Oklahoma City, OK: Wood 'N' Barnes Publishing & Distribution.

Simonds, Jennifer and Family & Children's Service. (2003). *Seeing Red: an anger management and peacemaking curriculum for kids*. Gabriola Island, BC, Canada: New Society Publishers.

Whitehouse, Eliane & Pudney, Warwick. (1996). *A Volcano in My Tummy: Helping Children to Handle Anger*. Gabriola Island, BC, Canada: New Society Publishers.