

The Feelings Volcano

5. Out of control



- * Go to _____
- *
- *

4. Frustrated and really angry



- * Go outside to seat
- *
- *

3. Getting mad



- * Go to quiet place
- *
- *

2. Unhappy



- * Stay at desk
- *
- *

1. Happy and calm



- * Move with the group
- *
- *