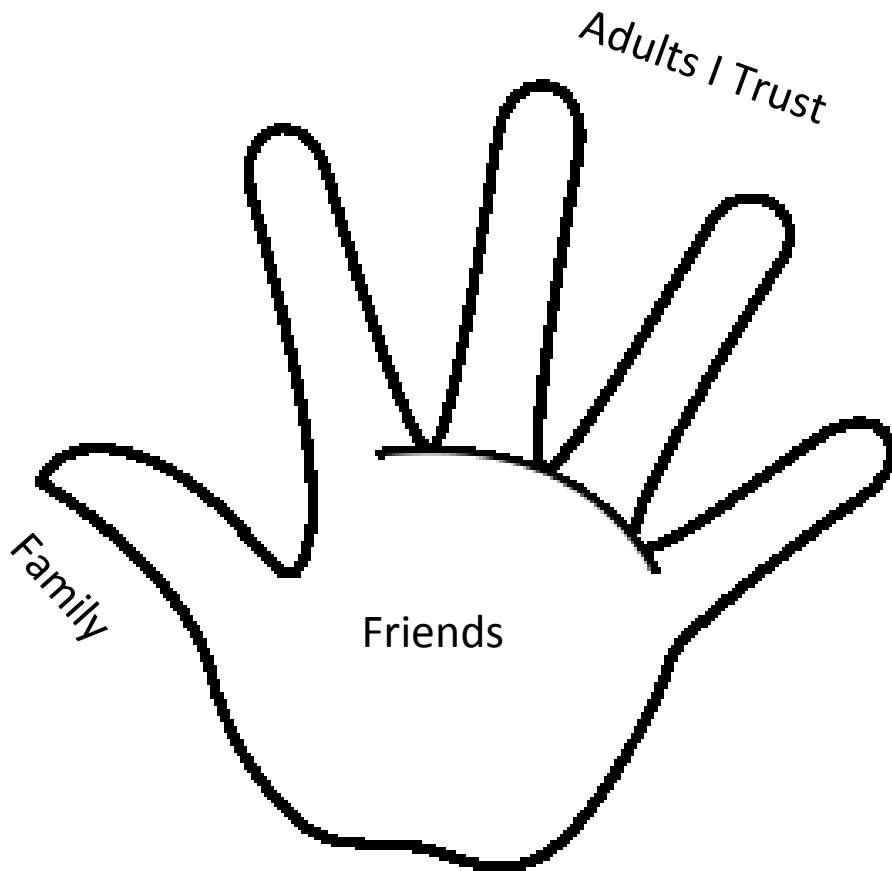


My Network

Place the initials of your family members that you live with in the thumb. Place initials of the adults in your life that you trust in the fingers, and lastly, the initials of friends or others you can turn to for help in the palm. Under Emergency People, list those individuals that would be there to help you if you needed them.



My emergency contacts:
