

Service-Learning in Social Studies

Course: **Restorative Practices**

School: **Bay View High School**

Community Partners:
Compost Crusader, Erin Forsythe (chef), Cat (graphic designer)

Project Name: **Healthy, Eco-Friendly Snacks for Home and School**



Project Snapshot

Restorative practices students worked with a variety of community partners to create healthy snacks that have minimal negative impact on the planet and maximal positive impact on bodies and brains.

Students prepared and served their snacks to after-school Community Learning Center (CLC) participants – describing the health impact of each snack and its individual ingredients.

Students also created colorful recipe cards for CLC participants to take home so that they could recreate the snacks for family and friends.

Community Need/Issue Addressed

Good Health and Well-being*

According to a 2013 Community Health Needs Assessment, adolescents in Milwaukee experience higher rates of overweight and obesity than their counterparts in the rest of the state. A Youth Risk Behavior Survey shows that many Milwaukee young people do not eat enough fruit. Fruits contain some of the most important nutrients for our health.

Healthy, eco-friendly snacks are part of the solution to these problems.

**from United Nations Global Goals for Sustainable Development <https://www.globalgoals.org>*

[View student recipe cards for Fruit Salad and Buffalo Chicken Cheese Log.](#)